

7D6N

HAPPINESS BHUTAN

Thimphu - Punakha - Paro

TC: BHU-901-7D

HIGHLIGHTS

- ✓ Excursion of Thimphu Valley
- ✓ Memorial Chorten
- ✓ Takin Reserve - National animal Bhutan
- ✓ Buddha Point
- ✓ Tashichho Dzong
- ✓ Bhutanese Craft Bazaar
- ✓ Dochula Pass
- ✓ Paoramic views of snow scapped Himalaya
- ✓ Punakha Dzong
- ✓ Taktshang Monastery (Tiger's Nest)
- ✓ Hang onto an almost vertical Mountain Cliff

PACKAGE INCLUDE

- ✓ 02 nights hotel in Thimphu w Bf
- ✓ 02 nights in Paro w Bf
- ✓ 02 nights hotel in Punakha w Bf
- ✓ Tours, Meals & Transfer as per Itinerary
- ✓ English speaking Guide
- ✓ Admission fee as per itinerary
- ✓ Bhutan Visa Fee

PACKAGE EXCLUDE

- ✓ Compulsory Tippings to Guide+Driver USD5/pax/day
- ✓ Personal Travel Insurance
- ✓ All personal expenses

ITINERARY VALIDITY

- ✓ 01 Feb'25 - 31 Dec'25



DAY 01 SINGAPORE → PARO - THIMPHU

(Dinner)

Fly to Paro on Drukair via Guwahati. On arrival met & transfer to Thimphu (1hr drive/54km) Stroll main street around Thimphu & town. Overnight Thimphu
 Hotel: [Seva / The Willows or similar 3*](#)



DAY 02 THIMPHU

(Breakfast/Lunch/Dinner)

National Post Office to make personalized stamps (closes daily 5pm, Sat, Sun, Govt Holidays) / **Textile Museum** (closes daily 5pm, Sun, Govt Holiday) / **Buddha Point**: 51.5m Buddha Statue (closes daily 5pm) / **Simply Bhutan**, interactive museum showcas Bhutanese life and culture (closes daily 5pm) / **Zorig Chosum aka Painting School** (closes daily 5pm, Sat 1pm, Sun, School break Dec-Feb, July, Govt Holidays) / **Takin Preserve** (closes daily 5pm): Bhutan national animal with the head of a Goat & body of a Cow / **Authentic Bhutanese Craft Bazaar** / Overnight in Thimphu

Hotel: [Seva / The Willows or similar 3*](#)

DAY 03 THIMPHU - PUNAKHA

(Breakfast/Lunch/Dinner)

Thimphu to Punakha (3hrs drive/76km) / **Dochula Pass** (3050m) :where there is a majestic panoramic view of Himalayan peaks /**Druk Wangyal Chortens**: with **108 stupas** / **Chhimi Lhakhang** (Fertility Temple, closes daily 5pm) -walk through a village and paddy fields /**Punakha Dzong**(closes daily 5pm) : the most beautiful fortress located between Male & Female Rivers. / Overnight in **Punakha**

Hotel: [Lobesa / Meri Phuensum or similar 3*](#)



DAY 04 PUNAKHA

(Breakfast/Lunch/Dinner)

Sangchen Dorji Lhendrup Nunnery: perched on a ridge with spectacular views of Punakha & Wangdue Valleys / **Villages of Talo or Nobgang**: the ancestral home of the Queen Mothers of Bhutan / **Nalanda Monastery**: monks who pursuing higher studies & learn English. You may interact & chat with the Monks / Overnight in **Punakha**

Hotel: [Lobesa / Meri Phuensum or similar 3*](#)

DAY 05 PUNAKHA - PARO

(Breakfast/Lunch/Dinner)

Drive from **Punakha** to **Paro** (4hrs drive/130km) / **Lamperi Botanical Garden** (closes daily 5pm) / **Namgay Artisanal Brewery** to sample some local beer / **Ta Dzong National Museum** (closes daily 5pm, Govt Holidays) – collection includes ancient Bhutanese art and artifacts, coins, weapons etc./ **Kyichu Lhakhang**, oldest temple to offer butter lamps (closes daily 5pm) / Evening stroll through numerous **handicraft & souvenir shops & weekend vegetable market** / Overnight in **Paro**

Hotel: [Olathang / Namsaychoung or similar 3*](#)

DAY 06 PARO - TIGER'S NEST HIKE

(Breakfast/Lunch/Dinner)

Hike to **Taktshang Monastery (Tiger's Nest)** (closes daily lunch 1pm-2pm and 5pm): (3 hours uphill climb, 2 hours downward) perched giddily on a rocky ledge, with a waterfall cascading as if from the blue. A dream destination for Buddhist pilgrims from the world over. If desired, pony ridings would be arranged / **Traditional Farmhouse** for dinner with local family / Overnight in **Paro**

Hotel: [Olathang / Namsaychoung or similar 3*](#)

DAY 07 PARO → SINGAPORE

(Breakfast)

After breakfast, transfer to airport for your flight back home with sweet memories. Your tour ends with memories of a truly delightful holiday with **WTS**

- ⦿ Sequence of itinerary is subject to change without prior notice.
- ⦿ In the event of discrepancy between English and Chinese itineraries, refer to English version itinerary.

DISCLAIMER Images featured are for provisional purpose only. The sequence of the itinerary, meals and hotel arrangement are subject to the final adjustment of the local ground operator and flight schedule is subject to airline in use. We reserve the right to alter the sequence or change or amend the itinerary if necessary with or without notice. All flight and hotel are subject to final confirmation. *Term and conditions apply.

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七天六夜

幸福不丹风情丽景游

* 廷布 * 普那卡 * 帕罗 *



TC: BHU-901-7D

行程特色

廷布

- * 壮美的喜马拉雅山脉奇景和美丽的帕罗河谷。
- * 不丹国兽-塔金动物保护区
- * 不丹 51 米高佛点大佛
- * 不丹国家邮政局
- * 纺织博物馆
- * Aka 绘画学校
- * 极具地方色彩的不工艺街

普那卡

- * 都楚拉隘口 - 海拔 3200 公尺, 矗立著 108 座佛塔, 可观赏喜马拉雅山脉 雄山峻岭英姿
- * 普那卡宗庙-全国最美丽庄严的宗庙
- * 楚克旺耶纪念碑 - 108 座佛塔
- * 修道院

帕罗

- * 虎穴寺-举世闻名, 被誉为世界十大超级寺庙之
- * 塔宗国家博物馆
- * 祈楚寺
- * 帕罗市区商店街
- * 皇家植物园

行程包含

- ✓ 二晚廷布酒店住宿+早餐
- ✓ 二晚普那卡酒店住宿+早餐
- ✓ 二晚帕罗酒店住宿+早餐
- ✓ 观光, 餐饮, 接送以行程为主
- ✓ 入门票
- ✓ 英语导游
- ✓ 入境签证

行程不包含

- ✓ 给导游司机的小费: 每人每天美金五元
- ✓ 个人旅游保险
- ✓ 个人消费

行程有效期

- ✓ 01 Feb'25 - 31 Dec'25

第一天 新加坡 → 帕罗 - 廷布

(晚)

搭乘不丹皇家航空飞往不丹第二大城市-帕罗-素有雷龙之国的称谓。抵达后, 乘车前往不丹的首都 廷布 (54 公里, 一个小时) 沿途您将欣赏到壮美的喜马拉雅山脉奇景和美丽的帕罗河谷。自由逛廷布市区。
夜宿廷布

酒店: Seva / The Willows 或同级 3*

第二天 廷布

(早/午/晚)

不丹大佛- 庄严大佛约 51 米高, 可俯视廷布全景, 不丹国家邮政局 - 有邮票大国之称, 可尝试自费制作个人特色邮票。

不丹吉祥国兽- 塔金(羊脸牛身),

不丹工艺街-极具地方色彩的,

AKA 绘画学校。

纺织博物馆,

夜宿廷布。

酒店: Seva / The Willows 或同级 3*



第三天 廷布 - 普那卡

(早/午/晚)

廷布-普那卡 76 公里-3 个小时

普那卡-是不丹的旧首都, 充满乡村田园风光,

为不丹皇室及高的避寒胜地。

都楚拉隘口-可观赏不丹雄山峻岭的英姿,

楚克旺耶纪念碑 - 108 座佛塔。

普那卡宗庙- 城堡雄伟, 气势磅礴坐落于两

河交流之处, 背山面水, 一条古老木桥对岸连接,

颇具特色。被誉为全国最美丽庄严的寺庙。

夜宿普那卡

Hotel: Lobesa / Meri Phuensum or similar 3*

第四天 普那卡

(早/午/晚)

修道院-在此可欣赏普那卡以及 Wangdue Valley

位于谷底奇观, 感受一下高山与低地 之间的变化。



泰罗村的神秘, 游客可以徒步到位于度假村后面山顶上的古老的修道院, 也可留在度假村内的农舍中休息, 或在水疗中心放松一下身心。夜宿普那卡

Hotel: Lobesa / Meri Phuensum or similar 3*

第五天 普那卡 - 帕罗

(早/午/晚)

普那卡-帕罗 - 130 公里, 4 个小时车程

塔宗国家博物馆 - 珍藏不丹丰富文物

祈楚寺 - 坐落在帕罗河谷, 是不丹最古老最美丽的寺庙, 是朝圣之地, 也是不丹皇室举行庆典重要场所。香港影星梁朝伟曾在此举办世纪婚礼。

帕罗市区商店街-自由购物逛

皇家植物园 - 设有多種森林类型, 有壮观的景色天然杜鹃林, 濒危野生动物和湖泊。

夜宿帕罗

Hotel: Olathang / Namsaychoung or similar 3*

第六天 帕罗 - 虎穴寺

(早/午/晚)

虎穴寺-不丹国内最神圣雄伟壮观的佛教寺庙被誉为世界十大超级寺庙之一位于帕罗峡谷上方 900 米高悬崖峭壁上。据古代经书记载。八世纪时莲花生骑着 一匹飞虎从西藏来到此地降妖服魔, 并曾在这里修行三个月, 所以这里也因此被奉为圣地, 全不丹的信徒均来此顶礼膜拜。

你可选择徒步攀登或自费租用驴子(美金 20) 代步至半山腰瞭望台。(视个人步行速度, 包含休息, 参访, 用餐等约四小时或更长时间)

参观当地的村庄, 感受淳朴的民风及生活方式, 与当地村庄家庭一起享用晚餐。夜宿帕罗

Hotel: Olathang / Namsaychoung or similar 3*

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第七天 帕罗 → 新加坡

(早)

早餐后, 自由活动, 于指定时间送往机场, 返回美丽的家园新加坡。希望你有个愉快的旅程

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